

Cervical Ripening Induction

Your cervical ripening induction has been scheduled at Intermountain Medical Center on _____.

- **Labor & Delivery will call you on the evening of your scheduled induction to verify your arrival time. Be ready to leave when they call. Expect a call an hour before your scheduled time. If you do not receive a phone call from Labor & Delivery before your scheduled time, feel free to call the unit to be updated. Our number is 507-7777.**
- **You may have a light dinner before coming in.**
- **If your induction is delayed, you may continue to eat and drink.**

If you need to be induced but your cervix is not ready (favorable), you may need a medication called Cervidil or Cytotec/Misoprostil. These medications stimulate contractions and you may cramp during the night. You may have pain medications if needed. Sometimes you will go into active labor in the night or early in the morning. The length of time between the administration of the medication and the beginning of active labor can be different in every woman.

If the cervical ripening medication does not start active labor, a medication called Pitocin will be started in the morning. This is a medication given through an IV and will also induce contractions.

Being scheduled for a cervical ripening induction does not guarantee you will be induced that night. Please recognize that laboring patients and emergencies have priority and may require a change in the time and day that you are induced.

If you have any questions please call Intermountain Medical Center Labor & Delivery at 507-7777.