

3409 West 12600 South Suite #110  
Riverton, Utah 84065

Office 801-302-5777  
Fax 801-302-5666



**JULIE JONES CNM, MS**  
**MANDY JOHNSON WHNP, MS**

**PAULA THACKER APRN, CNM, WHNP**  
**ELIZABETH HARMER CNM, WHNP**

## **INFORMED CONSENT FOR INTRAUTERINE DEVICE INSERTION**

I hereby authorize \_\_\_\_\_ to provide the treatment listed below.

I have been advised of the:

1. Nature and character of the proposed treatment is to place an IUD for contraception;
2. Anticipated results of the proposed treatment is to have an IUD;
3. Alternative forms of treatment, including non-treatment methods like pills or shots;
4. Recognize possible risks, complications, and anticipated benefits involved in the proposed treatment are discussed below.

### **IUD Insertion Procedure**

I understand that this procedure will insert a plastic device with either copper or progestin into my uterus for birth control. My cervix will be cleaned with betadine and I understand that a metal instrument may or may not be inserted into the uterus to measure the size of the uterus. Then the IUD will be placed into my uterus using a narrow tube. There may be some cramping and discomfort during the procedure. Occasionally the cervix may need to be opened, which may cause some cramping. I may also be given a medication called Cytotec to help dilate my cervix prior to the procedure. The IUD strings are then cut to 1-2 inches in length. I am then responsible for checking that the IUD is in place by putting my finger in my vagina to feel the IUD strings are there and unchanged once a day for a week, once a week for a month, after my first period, after the first time I have intercourse, and then monthly for as long as I have the IUD.

**Alternatives to the IUD as a method of birth control have been discussed with me.**

### **Risks of the Procedure:**

•No birth control method is 100% and 1 out of 100 women can get pregnant using the IUD.

Usually

this is because the IUD came out and the woman did not know it.

•Cramping pain during the procedure and up to 1 week after the procedure.

•Bleeding for several days after the procedure.

•Rare (1 in 100) a mild infection in the uterus can happen. It is important to come to the clinic if you have a fever or a lot of pain.

•Perforation (hole in the uterine wall) of the uterus is very rare but can happen in 1 in 1000 women and it may need surgery to correct.

- Allergic reaction to medications for the procedure. I am not allergic to:  betadine  Cytotec.
- Disruption of unknown pregnancy, and I do not think that I am pregnant today:  agree  unsure.
- If the IUD fails and I get pregnant this could result in an ectopic pregnancy (pregnancy in the tube) or a miscarriage of a pregnancy. It is very important if I think I am pregnant to see a clinic as soon as possible.

**Type of IUD**

I have read the manufacture’s brochure and have chosen the following IUD to be inserted:

- T380A Copper ParaGard for 10 years
- Mirena (Levonorgestrel or hormone IUD) for 5 years

I certify that this form has been fully explained to me, that I have read it or have had it read to me, and that I understand its contents. I have had the chance to ask questions. All my questions and concerns have been answered to my satisfaction. I will indicate my informed consent for treatment with the following signature:

\_\_\_\_\_   
Date

\_\_\_\_\_   
Signature of Patient

\_\_\_\_\_   
Witness